

FIVE NEW PROOFS OF ONE TRIGONOMETRIC INEQUALITY IN THE TRIANGLE

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Abstract. The paper considers five proofs of the inequality $\cos \alpha + \cos \beta + \cos \gamma \leq \frac{3}{2}$.
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Consider the following inequality:

$$\cos \alpha + \cos \beta + \cos \gamma \leq \frac{3}{2}, \quad (1)$$

where α , β and γ are the interior angles of the triangle $\triangle ABC$.

Twelve different proofs of this inequality are given in Arslanagić from 2008. We propose five new.

Proof 1. It follows by the cosine theorem, that:

$$\begin{aligned} & \frac{b^2 + c^2 - a^2}{2bc} + \frac{c^2 + a^2 - b^2}{2ac} + \frac{a^2 + b^2 - c^2}{2ab} \leq \frac{3}{2} \\ \Leftrightarrow & a(b^2 + c^2 - a^2) + b(c^2 + a^2 - b^2) + c(a^2 + b^2 - c^2) \leq 3abc \\ \Leftrightarrow & a^2b + ab^2 + b^2c + bc^2 + a^2c + ac^2 \leq a^3 + b^3 + c^3 + 3abc, \end{aligned}$$

Thus, we come to the Schur's inequality (for $\lambda = 1$). The equality holds in (1) iff $a = b = c$ and $\cos \alpha = \cos \beta = \cos \gamma = \frac{1}{2}$, respectively, i.e. $\alpha = \beta = \gamma = \frac{\pi}{3}$ (equilateral triangle).

Proof 2. It is shown in Proof 1, that

$$\cos \alpha + \cos \beta + \cos \gamma \leq \frac{3}{2} \Leftrightarrow a^2b + ab^2 + b^2c + bc^2 + a^2c + ac^2 \leq a^3 + b^3 + c^3 + 3abc.$$

On the other hand $a^2b + ab^2 + b^2c + bc^2 + a^2c + ac^2 = 2s(s^2 + r^2 - 2Rr)$,

$a^3 + b^3 + c^3 = 2s(s^2 - 3r^2 - 6Rr)$ and $abc = 4Rrs$, where R and r are the circum radius and the in-radius of $\triangle ABC$, respectively, while s is the semi-perimeter. We have:

$$\cos \alpha + \cos \beta + \cos \gamma \leq \frac{3}{2} \Leftrightarrow 2s(s^2 + r^2 - 2Rr) \leq 2s(s^2 - 3r^2 - 6Rr) + 12Rrs : 2s$$

$$\Leftrightarrow s^2 + r^2 - 2Rr \leq s^2 - 3r^2 - 6Rr + 6Rr \Leftrightarrow 2Rr \geq 4r^2 \Leftrightarrow R \geq 2r.$$

The last is the well-known Euler's inequality and this ends the proof.

Proof 3. We have: $\cos \alpha + \cos \beta + \cos \gamma = \frac{b^2 + c^2 - a^2}{2bc} + \frac{c^2 + a^2 - b^2}{2ac} + \frac{a^2 + b^2 - c^2}{2ab} =$

$$= \frac{a(b^2 + c^2) - a^3 + b(c^2 + a^2) - b^3 + c(a^2 + b^2) - c^3}{2abc}$$

$$= \frac{(a+b+c)(a^2 + b^2 + c^2) - 2(a^3 + b^3 + c^3)}{2abc}.$$

On the other hand:

$$a+b+c=2s, abc=4Rrs; a^2+b^2+c^2=2(s^2-r^2-4Rr); a^3+b^3+c^3=2s(s^2-3r^2-6Rr).$$

Thus,

$$\cos \alpha + \cos \beta + \cos \gamma = \frac{2s \cdot 2(s^2 - r^2 - 4Rr) - 2 \cdot 2s(s^2 - 3r^2 - 6Rr)}{2 \cdot 4Rrs}$$

$$= \frac{s^2 - r^2 - 4Rr - s^2 + 3r^2 + 6Rr}{2Rr} = 1 + \frac{r}{R}.$$

It follows from the Euler's inequality $R \geq 2r$, that $\frac{r}{R} \leq \frac{1}{2}$, hence $\cos \alpha + \cos \beta + \cos \gamma \leq \frac{3}{2}$.

Proof 4. For arbitrary real numbers $\alpha, \beta \in (0, \pi)$ we have:

$$(\cos \alpha + \cos \beta - 1)^2 + (\sin \alpha - \sin \beta)^2 \geq 0$$

$$\Leftrightarrow \cos^2 \alpha + \cos^2 \beta + 1 + 2 \cos \alpha \cos \beta - 2 \cos \alpha - 2 \cos \beta + \sin^2 \alpha - 2 \sin \alpha \sin \beta + \sin^2 \beta \geq 0$$

$$\Leftrightarrow (\sin^2 \alpha + \cos^2 \alpha) + (\sin^2 \beta + \cos^2 \beta) + 1 + 2(\cos \alpha \cos \beta - \sin \alpha \sin \beta - \cos \alpha - \cos \beta) \geq 0$$

$$\Leftrightarrow 1 + 1 + 1 + 2 \cos(\alpha + \beta) - 2 \cos \alpha - 2 \cos \beta \geq 0$$

$$\Leftrightarrow \cos \alpha + \cos \beta - \cos(\alpha + \beta) \leq \frac{3}{2},$$

But $\alpha + \beta + \gamma = \pi$, i.e. $\alpha + \beta = \pi - \gamma$, $\cos(\alpha + \beta) = \cos(\pi - \gamma) = -\cos \gamma$, hence $\cos \alpha + \cos \beta + \cos \gamma \leq \frac{3}{2}$.

Proof 5. We use the following well-known expressions:

$$\cos 2x = \frac{1 - \operatorname{tg}^2 x}{1 + \operatorname{tg}^2 x} \quad \text{and} \quad \cos x = \frac{1 - \operatorname{tg}^2 \frac{x}{2}}{1 + \operatorname{tg}^2 \frac{x}{2}}.$$

$$\text{It follows that: } \cos \alpha + \cos \beta + \cos \gamma \leq \frac{3}{2} \Leftrightarrow \frac{1 - \operatorname{tg}^2 \frac{\alpha}{2}}{1 + \operatorname{tg}^2 \frac{\alpha}{2}} + \frac{1 - \operatorname{tg}^2 \frac{\beta}{2}}{1 + \operatorname{tg}^2 \frac{\beta}{2}} + \frac{1 - \operatorname{tg}^2 \frac{\gamma}{2}}{1 + \operatorname{tg}^2 \frac{\gamma}{2}} \leq \frac{3}{2}.$$

Use the substitutions: $u = \operatorname{tg} \frac{\alpha}{2}$, $v = \operatorname{tg} \frac{\beta}{2}$, $w = \operatorname{tg} \frac{\gamma}{2}$; ($u, v, w > 0$) and the equality

$$\operatorname{tg} \frac{\alpha}{2} \operatorname{tg} \frac{\beta}{2} + \operatorname{tg} \frac{\beta}{2} \operatorname{tg} \frac{\gamma}{2} + \operatorname{tg} \frac{\gamma}{2} \operatorname{tg} \frac{\alpha}{2} = 1$$

We obtain $uv + vw + uw = 1$ and the inequality (1) is transformed to:

$$\frac{1 - u^2}{1 + u^2} + \frac{1 - v^2}{1 + v^2} + \frac{1 - w^2}{1 + w^2} \leq \frac{3}{2}, \quad (2)$$

because $1 + u^2 = uv + vw + uw + u^2 = (u + v)(u + w)$, $1 + v^2 = (v + w)(v + u)$ and $1 + w^2 = (w + u)(w + v)$.
Thus

$$\begin{aligned} & \frac{1 - u^2}{(u + v)(u + w)} + \frac{1 - v^2}{(v + w)(v + u)} + \frac{1 - w^2}{(w + u)(w + v)} \leq \frac{3}{2} \\ \Leftrightarrow & \frac{(1 - u^2)(v + w) + (1 - v^2)(u + w) + (1 - w^2)(u + v)}{(u + v)(v + w)(u + w)} \leq \frac{3}{2} \\ & \frac{v + w - u^2 v - u^2 w + u + w - uv^2 - v^2 w + u + v - uw^2 - vw^2}{(u + v)(v + w)(u + w)} \leq \frac{3}{2} \\ \Leftrightarrow & \frac{2(u + v + w) - [u^2(v + w) + v^2(u + w) + w^2(u + v)]}{(u + v)(v + w)(u + w)} \leq \frac{3}{2}. \end{aligned} \quad (3)$$

Using the arithmetic-geometric mean inequality, we have:

$$1 = uv + vw + uw \geq 3\sqrt[3]{u^2 v^2 w^2} \Leftrightarrow \sqrt{3} \geq 9uvw. \quad (4)$$

From the inequality

$$(x + y + z)^2 \geq 3(xy + yz + zx) \left(\Leftrightarrow \frac{1}{2}[(x - y)^2 + (y - z)^2 + (z - x)^2] \geq 0 \right)$$

we get

$$u + v + w \geq \sqrt{3(uv + vw + uw)} = \sqrt{3 \cdot 1} = \sqrt{3}. \quad (5)$$

Further, $0 < (u+v)(v+w)(u+w) = (u+v+w)(uv+vw+uw) - uvw = u+v+w - uvw$

and $0 < u^2(v+w) + v^2(u+w) + w^2(u+v) = (u+v+w)(uv+vw+uw) - 3uvw = u+v+w - 3uvw$, hence:

$$\frac{2(u+v+w) - (u+v+w - 3uvw)}{u+v+w - uvw} \leq \frac{3}{2} \Leftrightarrow \frac{u+v+w + 3uvw}{u+v+w - uvw} \leq \frac{3}{2} \Leftrightarrow u+v+w \geq 9uvw, \text{ which ends the proof.}$$

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ПЕТ НОВИ ДОКАЗАТЕЛСТВА НА ЕДНО ТРИГОНОМЕТРИЧНО НЕРАВЕНСТВО В ТРИЪГЪЛНИКА

Резюме. В статията се разглеждат пет доказателства на неравенството $\cos \alpha + \cos \beta + \cos \gamma \leq \frac{3}{2}$.

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